

SKY MOUNTAIN BOYS SESSION EQUIPMENT LIST

Clothing

4 pair long pants
6 Pair shorts
14 pair socks
1 pair work shoes
1 pair hiking shoes
1 pair sandals
6 short-sleeved shirts
4 long-sleeved shirts
14 pair underwear
Work gloves
1 modest swimsuit
1 warm jacket
1 sweatshirt
2 pair pajamas
Bandanna
Clothing for church
Durable backpacking poncho
Sun hat

Optional Items

Drawing materials
Journal
Books
Camera
Musical instrument
Sheet music
Stationery, pen, stamps

Personal Items

1 bath towel
1 hand towel
Soap
Shampoo
Deodorant
Sunscreen
Insect repellent
Toothpaste
Toothbrush
Shaving supplies
Chapstick
Laundry bag
Scriptures

Equipment

Frame backpack (your size, not your dad's)
Sunglasses
Plastic water bottle (1 liter, wide mouth)
Personal first-aid kit
Sleeping bag and pad
Pillow
Small pocket flashlight
Whistle
Pocket knife (no large or fixed blade knives)
Two large cups for backpack meals
Spoon
Wooden matches in waterproof container
For mentors – alarm clock

“Servants of God have always counseled His children to dress modestly to show respect for Him and for themselves. Because the way you dress sends messages about yourself to others and often influences the way you and others act, you should dress in such a way as to bring out the best in yourself and those around you..”

—For the Strength of Youth